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| **Massage** |
| Baby Massage Instructors Course, Blossom & Berry |
| Newborn Nurture, Blossom & Berry |
| Hand & Foot Massage, Blossom & Berry |
| Closing the Bones, Sophie Messager |
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| **Yoga** |
| Baby Yoga Instructor Course, Blossom & Berry |
| Learn Stretch & Play, Blossom & Berry |
| Toddler Yoga, Yogakidz  Yoga to Support Breastfeeding CPD, Birthlight |
| Postnatal Yoga, AllWoman |
| Pregnancy Yoga, AllWoman |
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| **Breastfeeding** |
| Breastfeeding Counselling, ABM |
| Mindful Breastfeeding, Mamalia/Anna le Grange IBCLC |
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| **Babywearing** |
| Babywearing Peer Supporter, School of Babywearing  **Other**  PGCE, Middlesex University  Baby in Mind, University of Warwick |

Emergency First Aid at Work, FM First Aid Training